

Where to Turn...

A resource guide to connect you with local
services & living options

Provided by the experts at *Senior Living Advisors*




Senior Living Advisors
Helping Seniors Make The Next Move

Table of Contents

<u>Services to help you stay in the home</u>	page
<i>Area Agencies on Aging</i>	1
<i>Available Assistance Services – Government Agencies</i>	2
Health Insurance Marketplace	2
Medicare Program	2
Supplemental Security Income (SSI)	2
Social Security	2
Veterans Affairs (VA)	3
Senior Farmers Market Nutrition Program (SFMNP)	3
Housing Choice Voucher Program (Section 8)	3
HUD Public Housing Program	4
Home and Community Based Services (HCBS)	4
NHT – Nursing Home Transition Program	4
PACE – PACENET	5
LIHEAP - Low Income Home Energy Assistance Programs	5
Advisory Committee for Mental Health and Intellectual Disabilities	6
<i>Available Assistance Services – Non-Profit Agencies</i>	7
“Services My Way” (also known as ‘Cash and Counseling’)	7
Accessibility Housing and Home Modification	7
LIFE – Living Independent For the Elderly	8
PHFA Affordable Apartment Locator	9
Transportation	9

Table of Contents

<u>Services to help you find a Nursing Home</u>	page
<i>Available Assistance Services – Government Agencies</i>	10
Area Agency on Aging	10
Long Term Living in Pennsylvania	10
Office of Long-Term Living	11
Medicaid	11
Finding and Comparing Nursing Homes	13
<i>Available Assistance Services – Private Agencies – Fee</i>	14
Healthgrades	14

Services to help you stay in the home

Area Agencies on Aging

Allegheny County

Assistance Office Headquarters

Piatt Place

301 5th Avenue

Suite 470

Pittsburgh, PA 15222

Phone: (412) 565-2146

FAX: (412) 565-3660

Beaver County

Assistance Office

171 Virginia Avenue

P. O. Box 349

Rochester, PA 15074-0349

Toll Free: 1 (800) 653-3129

Phone: (724) 773-7300

FAX: (724) 773-7859

Butler County

Assistance Office

108 Woody Dr.

Butler, PA 16001-5692

Toll Free: 1 (866) 256-0093

Phone: (724) 284-8844

FAX: (724) 284-8833

Washington County Assistance Office

167 North Main Street

Washington, PA 15301-4354

Toll Free: 1 (800) 835-9720

Phone: (724) 223-4300

FAX: (724) 223-4675

Westmoreland County

Assistance Office

587 Sells Lane

Greensburg, PA 15601-4493

Toll Free: 1 (800) 905-5413

Phone: (724) 832-5200

FAX: (724) 832-5202

Available Assistance Services – Government Agencies

To apply for Assistance Services – Call your Area Agency on Aging on page 1, or you can apply at one time for most services using COMPASS on the Web at www.compass.state.pa.us

Health Insurance Marketplace

The Health Insurance Marketplace, established under the health care law (Affordable Care Act), allows individuals and families to apply for federal benefits and/or explore private health care options.

Medicare Program – 1 (800) Medicare

Medicare is a federal health insurance program for individuals 65 years of age or older, under 65 with certain disabilities, and any age with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant).

Supplemental Security Income (SSI)

Supplemental Security Income (SSI) is a monthly income benefit for individuals who are aged, blind, or disabled, have limited income and assets, and meet additional requirements.

Social Security

Social Security is a monthly income benefit for individuals in varied situations. Types of benefits include:

- Social Security Retirement
- Social Security Disability Insurance
- Social Security Survivors

Veterans Affairs (VA)

The Office for Veterans Affairs (VA) provides services and assistance to veterans and their families. Programs include, but are not limited to:

- Disabled Veterans Real Estate Tax Exemption
- Veterans Emergency Assistance
- Educational Gratuity
- Blind Veterans Pension
- Paralyzed Veterans Pension
- Persian Gulf Conflict Veterans Benefit Act
- State Veterans Homes

Senior Farmers Market Nutrition Program (SFMNP)

The Senior Farmers Market Nutrition Program (SFMNP) provides low-income seniors with coupons that can be exchanged for eligible foods at farmers markets, roadside stands, and community supported agriculture programs.

Housing Choice Voucher Program (Section 8)

The Housing Choice Voucher Program, also known as Section 8, helps low-income families afford decent, safe, and sanitary housing. Housing can include single-family homes, townhouses and apartments, and is not limited to units located in subsidized housing projects. Housing Choice Vouchers are administered locally by Public Housing Agencies.

HUD Public Housing Program

The Public Housing Program provides decent, safe, and low-cost rental housing for eligible low-income families, senior citizens, and individuals with disabilities. Public housing comes in all sizes and types, from scattered single family houses to high-rise apartments for elderly families. Public housing is administered locally by Public Housing Agencies.

Home and Community Based Services (HCBS)

Home and Community Based Services (HCBS), also known as Waiver Programs, provide supports and services beyond those covered by Medical Assistance that enable an individual to remain in a community setting rather than in a Long Term Care Facility. Individuals can apply for the Consolidated and P/FDS Waivers through COMPASS. Please see website for additional information on how to apply for other Home and Community Based Services.

NHT – Nursing Home Transition Program

The NHT program was developed to assist and empower consumers who want to move from a nursing facility back to a home of their choice in the community and help the Commonwealth rebalance its long-term living systems so that people have a choice of where they live and receive services. The NHT program provides the opportunity for individuals and their families or caregivers to be fully informed of all long-term living options, including the full range of home and community-based services, and that they receive the guidance and support needed to make an informed choice about their long-term living services. The program assists individuals in moving out of institutions and to eliminate barriers in service systems so that individuals receive services and supports in settings of their choice.

PACE – PACENET - 1 (800) 225-7223

PACE, PACENET and PACE plus Medicare are Pennsylvania's prescription assistance programs that offer low-cost prescription medication to qualified residents, age 65 and older.

LIHEAP - Low Income Home Energy Assistance Programs

The Low-Income Home Energy Assistance Program, also known as LIHEAP, helps low-income families pay their heating bills. LIHEAP is a grant that offers assistance in the form of a cash grant, sent directly to the utility company, or a crisis grant for households in immediate danger of being without heat. Contact your provider from the list below.

Allegheny County

Low Income Home Energy
Assistance
Program (LIHEAP)

Phone: (412) 562-0330

FAX: (412) 565-0107

Beaver County

LIHEAP

Phone: (724) 773-7495

FAX: (724) 773-7859

Butler County

LIHEAP

Phone: (724) 284-8844

FAX: (724) 284-8833

Washington County

LIHEAP

Phone (724) 223-5246

FAX: (724) 223-4675

Westmoreland County

LIHEAP

Phone: (724) 832-5524

FAX: (724) 832-5202

Advisory Committee for Mental Health and Intellectual Disabilities

Phone: 888-565-9435

Commonwealth of Pennsylvania Department of Public Welfare

Office of Developmental Programs (ODP)

ODP Customer Service

1-888-565-9435

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

Suicide and Crisis Intervention Hotline (215) 686-4420

Available Assistance Services – Non-Profit Agencies

“Services My Way” (also known as ‘Cash and Counseling’)

Phone: 1-866-286-3636

If you participate in the Medical Assistance Aging or Attendant Care waiver, Services My Way (SMW) helps you to live in your community in the way you decide. With Services My Way you choose the goods and services you want, direct as many of those services as you want, and are the driving decision-maker in ways that can improve your quality of life.

If you are receiving services through the Office of Long-Term Living’s (OLTL) Aging or Attendant Care waiver and live in Beaver or Washington County you may be able to receive your services through Services My Way. Please talk with your Care Manager or Service Coordinator to learn more and get started with Services My Way.

Accessibility Housing and Home Modification

Department of Community and Economic Development

Phone: 1-866-466-3972

Pennsylvania is committed to developing and enhancing its communities, from downtown revitalization and home weatherization to assisting the homeless and more.

DCED, through our Center for Community Financing and Center for Community Services, works directly with community organizations to address the needs of both specific citizens and communities as a whole.

LIFE – Living Independent For the Elderly

LIFE, Living Independent For the Elderly, provides home care, health care and adult day care at no cost to qualified older adults who wish to remain independent in their own homes. A community-based alternative to nursing home care and assisted living, through the LIFE Programs, frail older adults can remain in their own home and receive a coordinated plan of care that enables them to maintain their independence and enjoy a safe and active life in the community. Call your local office from the list below.

LIFE Pittsburgh

Allegheny County

875 Greentree Rd

Pittsburgh, PA 15220

Phone: (412) 388-8050

Alt. Phone: (412) 325-4222

Senior LIFE Aliquippa

Beaver County

131 Pleasant Drive, Suite 1

Aliquippa, PA 15001

Phone: (724) 378-5400

Senior LIFE Butler

Butler County

231 West Diamond St.

Butler, PA 16001

Phone: (724) 287-5433

Senior LIFE Washington

Washington County

2114 North Franklin Drive

Washington, PA 15301

Toll Free 1 (877) 998-5433

Phone:(724) 222-5433

Senior LIFE Greensburg

Westmoreland County

123 Triangle Drive

Greensburg, PA 15601

Phone: (724) 838-8300

PHFA Affordable Apartment Locator

PA Housing and Finance Agency

Pittsburgh Office – (412) 429-2842

Harrisburg Office – (717) 780-3800

The Pennsylvania Housing Finance Agency works to provide affordable homeownership and rental apartment options for senior adults, low- and moderate-income families, and people with special housing needs. Through its carefully managed mortgage programs and investments in multifamily housing developments, PHFA also promotes economic development across the state.

Transportation

There are many agencies and businesses that offer free or low cost transportation. Fees and availability vary. Senior Living Advisors has compiled a comprehensive list of transportation services in your area.

Visit www.seniorlivingadvisorsltd.com

- Click on the **“SLA Resource Guide”** tab
- Click on the **“Transportation”** page for your county

Services to help you find a Nursing Home

Available Assistance Services – Government Agencies

Area Agency on Aging

To inquire about Nursing Homes – Call your Area Agency on Aging from the list on page 1, or you can apply at one time for most services using COMPASS on the Web at www.compass.state.pa.us

Long Term Living in Pennsylvania

www.longtermcare.state.pa.us

This website provides quick access to information about the many long term living services and planning resources available for people over the age of sixty and adults with physical disabilities throughout Pennsylvania.

Whether you are an advocate, a provider or a consumer trying to determine your needs, or beginning to plan for your future, you will find helpful information at your fingertips.

Many resources exist for people who have other disabilities, some of which can be found on our resources page.

Office of Long-Term Living

Long term living help line: 1 (800) 753-8827

The many people will need assistance with daily activities, such as bathing, dressing and meal preparation, at some point in their lives,

whether due to aging, injury, illness or disability. Knowing what types of services are needed, available and how to obtain them is not easy. Whether you need help now or are exploring future options for yourself or a loved one, services and supports available through the Pennsylvania Office of Long-Term Living can assist you.

The goal of this office is to provide you easy access to information about the services and supports available, across Pennsylvania, through the Office of Long-Term Living. Helpful information is available for those who provide care and for people interested in planning for future needs.

You may call the toll-free Long-Term Care Helpline at 1-800-753-8827. Counselors will be able to provide information and refer you to the local agencies that can provide assistance with planning and arranging long term care and services.

Medicaid

www.medicaid.gov – 1 (800) 692-7462

What is Medicaid?

Medicaid is a jointly funded, Federal-State health care program for persons who are financially eligible. Medicaid provides care for acute medical needs, rehabilitation, and long-term care at home and in nursing homes. There are also numerous community-based programs, including adult day care, and assistance with local transportation.

Does Medicaid Pay for Long-term Care?

Yes, Medicaid pays for long-term care in a nursing home. In a few states it also pays for long-term senior care in the home. Medicare, on the other hand, does not pay for long-term care.

How do I apply?

There are a couple of different ways to apply for Medical Assistance, please choose the option that suits you. If you do not know if you are eligible, you may still apply.

You can apply for or renew your Medical Assistance benefits online by using COMPASS, **www.compass.state.pa.us**. COMPASS is the name of the website where you can apply for Medical Assistance and many other services that can help you make ends meet.

You can apply by telephone for Health Care Coverage by calling the Consumer Service Center for Health Care Coverage at **1 (866) 550-4355**.

You can also apply for Medical Assistance by contacting your local county assistance office. (See page 1 for office locations and phone numbers)

Finding and Comparing Nursing Homes

Medicare.gov – Nursing Home Compare Web Page
www.medicare.gov/NHCompare

Nursing Home Compare has detailed information about every Medicare and Medicaid certified nursing home in the country.

They use a star ranking system for the following criteria. Overall Rating,
Health Inspections, Staffing, Quality Measures and Distance

Pennsylvania Nursing Home Locator Web Page
<http://app2.health.state.pa.us/commonpoc/nhlocator.asp>

The Pennsylvania Nursing Home Locator Web Page is an interactive web site that will list all of the licensed Nursing Homes in your county. Among other details it includes contact information, number of beds and types of payments accepted. (private pay, Medicare and Medicaid)

You can search by county or narrow your search by number of miles away or zip code. Too narrow of a search limits your options.

Available Assistance Services – Private Agencies

Healthgrades

www.healthgrades.com

You can go Healthgrades.com, they have star ranking, similar to the free Medicare.gov site, and provide you with additional information. There is a cost to use health grades.



Senior Living Advisors

P.O. Box 12605 • Pittsburgh PA 15241

phone/fax: 412 628 0725

Helping Seniors Make The Next Move...